
Prayer for Today

Practical Tips for Weaving Prayer into our Day

Blaine Lake Gospel Chapel - May 24, 2020



Aspects of Prayer

Adoration - Opening our souls to worship God

Confession - Opening our hearts to God's inspection

Thanksgiving - Raising our daily provisions back to God

Supplication - Raising our needs and concerns to God

Opening our Souls to Worship God

Take 5 minutes in the morning to set outside, thank the Lord for the day and offer praise to your Creator.

Read Titus 3:1-7 focusing on vv. 4-7. Take a moment to praise God our Saviour for all his grace towards us.

Read Psalm 100 (use a couple of different translations if you can). Say it over several times - it's a great example of what praise should look like.

Opening our hearts to God's Inspection

Psalm 51 is one of the best examples of confession in the Bible. Read it over and pay attention to what God brings to mind as you read.

Lamentations 3:19-33 describes our pain when suffering the consequences of our sin while keeping hope alive by focusing on the tender mercies of God.

Raising our Daily Provisions back to God

Say the Lord's Prayer (Matthew 5:9-13) paying special attention to v. 11.

Each day this week write down three things you're thankful for and take time to thank God for these out loud.

Ephesians 5:18-20 gives some very practical advice on thanking God - take time to sing a favourite hymn or chorus thanking God.

Raising our needs and concerns to God

"Then Jesus told them a parable about their need to pray always and not to lose heart" (Luke 18:1). Read the story that follows and remind God of something you've been praying for a long time.

Jesus said, "I have come that they may have life, and have it abundantly" (John 10:10). Ask God to open your eyes to the next step of the abundant life he is inviting you take.

Arrow Prayers

For help: "So I prayed to the God of heaven" (Neh. 2:4); "But now, O God, strengthen my hands" (Neh. 6:9).

For mercy: "Remember me, O my God, for good" (Neh. 13:31).

For others - as you're standing in the lineup; as God brings people to mind.