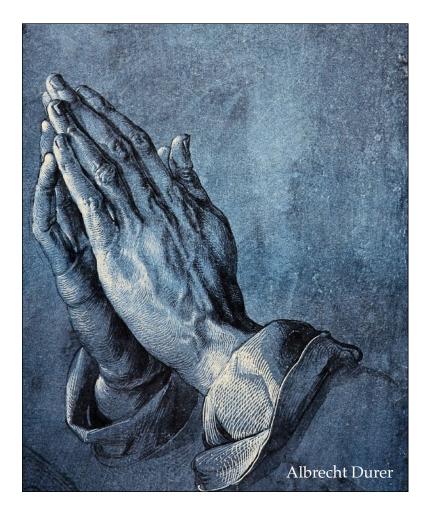
Prayer for Today

Practical Tips for Weaving Prayer into our Day

Blaine Lake Gospel Chapel - May 24, 2020



Aspects of Prayer

Adoration - Opening our souls to worship God Confession - Opening our hearts to God's inspection Thanksgiving - Raising our daily provisions back to God Supplication - Raising our needs and concerns to God

Opening our Souls to Worship God

- Take 5 minutes in the morning to set outside, thank the Lord for the day and offer praise to your Creator.
- Read Titus 3:1-7 focusing on vv. 4-7. Take a moment to praise God our Saviour for all his grace towards us.
- Read Psalm 100 (use a couple of different translations if you can). Say it over several times it's a great example of what praise should look like.

Opening our hearts to God's Inspection

- Psalm 51 is one of the best examples of confession in the Bible. Read it over and pay attention to what God brings to mind as you read.
- Lamentations 3:19-33 describes our pain when suffering the consequences of our sin while keeping hope alive by focusing on the tender mercies of God.

Raising our Daily Provisions back to God

- Say the Lord's Prayer (Matthew 5:9-13) paying special attention to v. 11.
- Each day this week write down three things you're thankful for and take time to thank God for these out loud.
- Ephesians 5:18-20 gives some very practical advice on thanking God take time to sing a favourite hymn or chorus thanking God.

Raising our needs and concerns to God

- "Then Jesus told them a parable about their need to pray always and not to lose heart" (Luke 18:1). Read the story that follows and remind God of something you've been praying for a long time.
- Jesus said, "I have come that they may have life, and have it abundantly" (John 10:10). Ask God to open your eyes to the next step of the abundant life he is inviting you take.

Arrow Prayers

- For help: "So I prayed to the God of heaven" (Neh. 2:4); "But now, O God, strengthen my hands" (Neh. 6:9).
- For mercy: "Remember me, O my God, for good" (Neh. 13:31).
- For others as you're standing in the lineup; as God brings people to mind.